



2018-
2019

Physical Education

Instructor: Mr. Jesse Ruiz
PATH Christian Academy



Hello parents of PATH Christian Academy. Welcome to the 2018-2019 school year! My goal will be to provide students with fun and challenging sports activities that will prepare them for organized sports in future years. I thoroughly enjoy sports and I am looking forward to the opportunity to share my knowledge with your children. This packet will outline my expectations as the Physical Education teacher. This will also include the class procedures, curriculum plan, and discipline plan. I am looking forward to a great year of teaching and learning.

Discipline

Students will be expected to show good sportsmanship at all times. The sports being taught will be about teamwork and will require students to work together and respect each other. Disrespect, verbal altercations, and/or physical altercations between students will not be allowed.

Rewards:

- Students who receive all possible daily points will also receive \$2 per day from their teachers.
- Gotchas will be given out at various times for good behavior, sportsmanship, and good effort.
- Students with full points at the end of each month will receive a “get out of laps” card. This card can be used to miss one day of running laps.

Consequences:

- **First Warning:** Students will receive a verbal reminder of the rule/procedure or to show good sportsmanship.
- **Second warning:** Students will lose participation points, and must run one-lap or 3-5 push-ups (depending on age).
- **Third warning:** Student will be sent back to class. Any student sent back to class will receive a zero for the day.
- **Note:** Continual failure to not follow class procedures may result in student practicing procedure instead of participation in sport/group activity and result in a 0 for the day.

Class Procedures/Rules

- Students must be dressed ready to participate in physical activity. Tennis shoes or running shoes are required.
- Students must bring a full water bottle for class.
- Students must bring a three hole punch file folder (peechee) and a writing utensil for class.
- Water breaks will be given to all students at the same time.
- Students must ask for permission to use the restroom.
- Upon entering the playground, students will place their belongings on their class line(s) and immediately walk to the grass area.
- Students will then sit in two rows in their class line order at the grass area.
- At the grass area, students will be given instructions for the class period.
- After instructions are given, students will stretch and run one lap.
- At the end of P.E. the students will return to their lines and follow teacher's instructions.

Grading Scale

There are ten points possible per session.

Participation: 7 points

Dress: 1 point

Folder: 1 point

Water: 1 point

* Failure to follow class procedures will result in the loss of points.

- New this school year: Please see attached the PE waiver application and forms.